

LONG COURSE RECORDS

FEMALE

Event	Date	Venue	Name	Time
50m. Free	01.11.03	East Kilbride	Rhona Conway	27.61
100m. Free	01.06.81	East Kilbride	Kathryn Smith	59.69
200m. Free	22.04.89	East Kilbride	Jean Hill	2.05.87
400m. Free	20.06.87	Edinburgh	Jean Hill	4.26.00
800m. Free	27.03.88	East Kilbride	Jean Hill	9.13.22
1500m. Free	01.06.80	Edinburgh	Kathryn Smith	18.21.00
50m. Back	06.03.10	Tollcross	Lynn Macarthur	32.07
100m. Back	15.02.10	Tollcross	Lynn Macarthur	1.07.32
200m. Back	15.02.10	Tollcross	Lynn Macarthur	2.25.47
50m. Breast	23.08.87	Strasbourg	Jean Hill	33.28
100m. Breast	21.08.87	Strasbourg	Jean Hill	1.11.26
200m. Breast	19.08.87	Strasbourg	Jean Hill	2.31.56
50m. Fly	22.06.13	Tollcross	Leanna Marshall	29.47
100m. Fly	26.06.88	East Kilbride	Jean Hill	1.04.29
200m. Fly	16.06.91	East Kilbride	Linda McLaren	2.23.21
200m. Ind.Med.	26.07.86	Edinburgh	Jean Hill	2.17.21
400m. Ind.Med.	25.07.86	Edinburgh	Jean Hill	4.54.11
4 x 50m. Free	13.04.91	Sheffield	G.B. Teams	1.52.87
4 x 100m. Free	16.06.90	Edinburgh	Nationals	4.03.37
4 x 200m. Free	17.06.90	Edinburgh	Nationals	8.55.87
4 x 50m. Med.	05.04.86	Edinburgh	Spring Meet	2.05.30
4 x 100m. Med.	09.04.10	Tollcross	National AG	4.34.39